

Clay Community Schools

ELEMENTARY BREAKFAST

NOVEMBER 2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|--|
| | | | | Nov - 1 SAUSAGE PANCAKE WRAP FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT |
| Nov - 4 DONUT MINI CHOC. FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT | Nov - 5 WAFFLES SAUSAGE LINK FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT | Nov - 6 GRAVY& BISCUITS FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT | Nov - 7 CINN ROLL BACON FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT | Nov - 8 BACON EGG BISCUIT FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT |
| Nov - 11 POP TART FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT | Nov - 12 FRENCH TOAST STICKS/ SYRUP FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT | Nov - 13 SCRAMBLED EGGS BACON TOAST, WG FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT | Nov - 14 DUTCH WAFFLE SAUSAGE PATTY FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT | Nov - 15 BREAKFAST SANDWICH FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT |
| Nov - 18 WG DUNKIN STICKS FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT | Nov - 19 PANCAKES/SYRUP SAUSAGE LINK FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT | Nov - 20 GRAVY& BISCUITS FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT | Nov - 21 CINN ROLL BACON FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT | Nov - 22 SAUSAGE PANCAKE WRAP FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT |
| Nov - 25 DONUT MINI CHOC. FRESH FRUIT JUICE MILK CEREAL YOGURT PARFAIT | Nov - 26 WAFFLES SAUSAGE LINK FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT | Nov - 27 THANKSGIVING BREAK | Nov - 28 THANKSGIVING BREAK | Nov - 29 THANKSGIVING BREAK |

ALL MENUS ARE SUBJECT TO CHANGE
CEREAL AND PARFAIT MEALS ARE OFFERED AS OTHER OPTIONS
This institution is an equal opportunity provider.

| | Average | Weekly Target | % of Target | | Average | % of Calories | Weekly Target |
|----------|---------|---------------|-------------|----------|----------|---------------|---------------|
| Calories | 468 | 550-650 | 85% | Sugars | 48.91* g | 41.80% | |
| Sodium | 481 mg | 1230 | | Carbohyd | 75.62 g | 64.63% | |
| Fiber | 3.79 g | | | Tot. Fat | 11.94 g | 22.97% | <=30.0% |
| | | | | Sat. Fat | 4.91 g | 9.44% | <10.00% |

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.